Rethinking Cool Roofing: Evaluating effectiveness of white roofs in northern climates

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The use of white, reflective roofing materials throughout the United States has grown in popularity in recent years, but are these assemblies really ideal for all locations?

These types of roofs are increasingly specified, spurred by voluntary green building rating programs such as the U.S. Green Building Council’s (USGBC) Leadership in Energy and Environmental Design (LEED), along with codified systems such as the American National Standards Institute/Cool Roof Rating Council (ANSI/CRRC) 1-2010 Standard used in California’s Title 24. Many of these initiatives and codes rely heavily on research completed at the academic level with computer models and the results of tests performed to determine a material’s solar reflectance and thermal emission.

The result of the models and tests have shown using a reflective material yields net energy savings between the warm summer months and colder winter months in many areas of the country. However, under initiatives such as LEED, the building’s geographic location is given the same weight or value to the cool roofing, whether it is in Miami or Minneapolis—despite the fact these two locations have very different climates.

Research on the value and benefits of cool roofing is continuing within the industry, which is indicative cool, reflective materials still may not be the panacea of energy savings some are currently marketing. With this in mind, it is increasingly important for architects, specifiers, engineers, and design professionals to rethink use of cool roofing in every climate, especially northern regions.

Energy costs

When properly designed and installed, reflective roofing materials can reduce building cooling costs during warm summers by ‘bouncing’ ultraviolet (UV) radiation away from the roof. This keeps the roof cooler, which allows the insulation to more efficiently maintain the building’s interior conditions. During winter months, the same materials reflect the UV radiation and keep the roof cooler. As a result, the roof insulation is not as efficient at keeping the building warm.

When calculating energy savings, the winter is subtracted from the summer cooling benefit; hopefully results in a positive net savings.

Laboratory (ORNL) Roof Savings Calculator, major cities in various American Society of Heating, Refrigerating, and Air Conditioning Engineers (ASHRAE) Climate Zones (outlined in ASHRAE 90.1-2010, Energy Standard for Buildings: New Construction) were selected for a cost comparison of using white reflective roof material for a one- and two-story (50,000-sf) office building, R-20 insulation above deck, and low-slope roof construction.

The net energy savings shown in Figure 1 are positive for Phoenix and Miami, with the remaining cities shown use of darker-colored roofs shows a net energy savings in Chicago, Philadelphia, Atlanta, Louisville, St. Louis, Portland. The table illustrates the use of white roofs to be energy-efficient in warmer southern climates, but not in colder northern climates.

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Global warming

A recent study by researchers at Stanford University concludes white reflective roofs contribute to localized cool areas, but result in a net increase of global temperatures. This may be attributed to many factors (as stated in one area of concern could be attributed to the presence of brown and black carbon soot particles.

These particles absorb not only incoming solar radiation from the sun, but also the reflected heat and radiation white roofs. The Stanford study argues while soot has a short lifetime, the air it heats can travel long distances—an additional method by which local changes due to white roofs can propagate to the large scale.

Condensation issues

In many cases, a white reflective roof is used in place of darker-colored material without consideration of different project should be designed for the specific occupancy, geographic location, and desired performance...
air (generated through building occupancy and/or during construction) is present inside buildings. When the outside temperature falls, warm air inside the building rises toward the roof. In the absence of an air/vapor barrier, the warm, moist air rises and begins to form condensation when contacting any surface with a temperature below the dewpoint. This includes roof decks, roof insulation, and the underside of roofing materials.

If warm, humid air infiltrates the roofing system, condensed moisture turns to frost and ice in below-freezing temperatures. The higher the humidity level inside the building, and the greater the temperature difference between the building’s inside and outside, the more condensation results.

In extreme cases (and especially with the use of a single layer of insulation), ice buildup caused by condensation can be noticed by a ‘cracking’ sound when walking on the membrane. Also, heavy ice formation along insulation joints can generate expansion forces that push laterally, causing insulation joints to widen. Condensation within the roof insulation may cause permanent damage, reduction of R-value, and loss of wind uplift resistance. As the outside temperature rises and the roofing system assembly warms up, frozen moisture begins to thaw. This can result in drips inside the building. These drips are not associated with rainfall or snow accumulation on the roof—in fact, they are more likely to occur on sunny days when temperatures warm to above freezing.

Figure 2

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Several studies in recent years have validated the rooftop surface temperatures of white and darker roof materials, resulting in higher surface temperatures for dark roofs. This has been interpreted to translate to cooler rooftop temperatures for HVAC equipment and solar array efficiencies. However, a study performed by the Copper Development Association (CDA) in 2005 shows the contrary (Figure 2).

This study evaluated the impact of reflected heat on conductors and wiring used to control the operation of rooftop HVAC equipment. Heat sensors were mounted inside electrical conduits and placed at various elevations above black and white roof membranes, beginning at ‘ground’ and ending at 914 mm (36 in.). The change in ambient temperature inside the conduit was measured and recorded. The data led to the conclusion the air temperature became hotter inside the conduits mounted above white membranes than those above black ones. This correlates to hotter rooftop temperatures for HVAC equipment.

Winter safety

Darker-colored roof materials absorb more UV radiation and have higher surface temperatures than their ‘cooler’ counterparts, year round. While this may be a perceived deficit during the summer, it is certainly a benefit in the winter. Not only does the dark roof surface aid in energy savings for the building, but it also helps melt snow and prevent ice buildup in colder temperatures.

Snow buildup on roofs is a major concern for every architect and engineer. Designing for the expected worst-case scenario is common practice, as well as assuming a certain amount of snow accumulation on rooftops. However, darker-colored roofs help alleviate this accumulation and formation of ice through the transfer of heat due to UV absorption.

Reflective surfaces can help create ice dams, as their surface temperatures are generally only a few degrees above ambient temperature. Caution should be used when placing conduits and pipes below the snow/slush line, since accumulated snow or ice can cause these pipes and conduits to act as snow guards and, if loosely laid on the roof, can move these lines.

Ice buildup on white reflective membranes can be hard to see for maintenance staff and roofers making repairs or equipment. Caution should be used when inspecting these roofs throughout the winter and fall.

Long-term performance

White roof materials reflect UV radiation and absorb a smaller amount than do darker membranes. However, their long-term weathering is better than their darker counterparts.

Among all artificial UV sources, xenon lights provide the best simulation of natural sunlight. With an appropriate filter combination, their irradiance can be adapted to closely match natural sunlight over a broad range of wavelengths.

The xenon arc weathering chambers have automatic control of the chamber temperature, and humidity. Specific programs allow the sample to be subjected to water or exposed to alternating cycles of dark and light periods.

Gas lines supplying HVAC rooftop equipment can be affected by snow accumulation.

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The respective ASTM International test standards are:
- ASTM D4434, Standard Specification for Polyvinyl Chloride Sheet Roofing;
  Roof Membrane; and
- ASTM D6878, Standard Specification for Thermoplastic Polyolefin Based
  Sheet Roofing.

Conclusion
When specifying roofing material color for a northern climate, it is important to
be aware color is only one component of a roof system. The other
major contributor is based on geographic location, occupancy, service life, and
led for southern climates, while darker-colored roof materials

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